BUILDING AND TECHNICAL PREPARATION
OUTDOOR SAUNA

Foundation for Sauna Installation

When building an outdoor sauna, it is essential to ensure a high-quality and stable base. The top edge of the foundation should be positioned approximately 5 cm above the surrounding terrain and must be precisely leveled. Proper drainage is also crucial for the long-term durability of the structure.

Common foundation solutions:

- Concrete slab – the most stable but also the most expensive option.
- Concrete blocks or ground screws – quick and reliable foundation method.
- Gravel or stone filling – suitable for permanent formwork or anchoring ground screws.

Electrical Installation

For electric sauna heaters, a power connection (typically 220–380 V) with a recommended cable cross-section of at least 5 × 2.5 mm² is required. Since electric heaters vary in their parameters, the electrical installation should follow the specific heater model's specification. In the case of wood-burning heaters, a standard 230 V connection is sufficient to power lighting and other accessories inside the sauna.

⚠️ Wood heating is not possible with the QUADRA X model.